



# Cambridge IGCSE™

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**FOOD AND NUTRITION**

**0648/02**

Paper 2 Practical

**October/November 2023**

MARK SCHEME

Maximum Mark: 100

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**Published**

This mark scheme is published as an aid to teachers and candidates, to indicate the requirements of the examination. It shows the basis on which Examiners were instructed to award marks. It does not indicate the details of the discussions that took place at an Examiners' meeting before marking began, which would have considered the acceptability of alternative answers.

Mark schemes should be read in conjunction with the question paper and the Principal Examiner Report for Teachers.

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This document consists of **3** printed pages.

| Question | Answer                               |               |                | Marks |
|----------|--------------------------------------|---------------|----------------|-------|
| 1(a)     |                                      | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful dish for type 2 diabetes × 2 | 4 × 2         | 7 × 2          |       |
|          | Two accompaniments                   | 2 + 2         | 3 + 4          |       |
| 1(b)     |                                      | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Cake using melting method            | 4             | 7              |       |
|          | Batch of scones                      | 4             | 7              |       |

| Question | Answer                 |               |                | Marks |
|----------|------------------------|---------------|----------------|-------|
| 2        |                        | <b>Choice</b> | <b>Quality</b> | 55    |
|          | Skilful party dish × 5 | 4 × 5         | 7 × 5          |       |

| Question | Answer                         |               |                | Marks |
|----------|--------------------------------|---------------|----------------|-------|
| 3(a)     |                                | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful dish high in NSP × 2   | 4 × 2         | 7 × 2          |       |
|          | Two accompaniments             | 2 + 2         | 3 + 4          |       |
| 3(b)     |                                | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Dish using electric whisk      | 4             | 7              |       |
|          | Biscuits using creaming method | 4             | 7              |       |

| Question | Answer                  |               |                | Marks |
|----------|-------------------------|---------------|----------------|-------|
| 4(a)     |                         | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful cheese dish × 3 | 4 × 3         | 7 × 3          |       |
| 4(b)     |                         | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Dish using pulses       | 4             | 7              |       |
|          | Hot dessert using fruit | 4             | 7              |       |

| Question | Answer                                     |               |                | Marks |
|----------|--|---------------|----------------|-------|
| 5        |  | <b>Choice</b> | <b>Quality</b> | 55    |
|          | Skilful dish using different equipment × 5 | 4 × 5         | 7 × 5          |       |

| Question | Answer                             |               |                | Marks |
|----------|------------------------------------|---------------|----------------|-------|
| 6(a)     |                                    | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful dish for teenage girls × 2 | 4 × 2         | 7 × 2          |       |
|          | Two accompaniments                 | 2 + 2         | 3 + 4          |       |
| 6(b)     |                                    | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Dish using shortcrust pastry       | 4             | 7              |       |
|          | Cake using creaming method         | 4             | 7              |       |

| Question | Answer                         |               |                | Marks |
|----------|--------------------------------|---------------|----------------|-------|
| 7(a)     |                                | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful herb or spice dish × 3 | 4 × 3         | 7 × 3          |       |
| 7(b)     |                                | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Dish using rough puff pastry   | 4             | 7              |       |
|          | Small cakes or tray bake       | 4             | 7              |       |

| Question | Answer                      |               |                | Marks |
|----------|-----------------------------|---------------|----------------|-------|
| 8(a)     |                             | <b>Choice</b> | <b>Quality</b> | 33    |
|          | Skilful dish for vegans × 2 | 4 × 2         | 7 × 2          |       |
|          | Two accompaniments          | 2 + 2         | 3 + 4          |       |
| 8(b)     |                             | <b>Choice</b> | <b>Quality</b> | 22    |
|          | Dish using yeast            | 4             | 7              |       |
|          | Dish using chocolate        | 4             | 7              |       |